## The Light Path Lecture # 1

## The Light Beings Speak

I ask the divine light guide us and protect us. I call forth the beings of light and love, truth and wisdom. And I ask now that all that we need for the divine enfoldment of our souls, on all levels of our existence, manifest peacefully and lovingly.

Before we begin, we wish you to know that with each exchange between the dimensions that we speak from and where you live, the fluidity of love increases in the universe. And so, we are grateful for each time we have the opportunity to exchange with you.

We wish to speak tonight about the importance of allowing yourself to become the creator of your own energy being. As most of you know, this is a time on the earth plane when the consciousness is evolving into another level of frequency. It is a time when each being who is aware of energy, who is aware of thought, is aware of light, has the opportunity to experience themselves as facilitators of this evolution or resistors of it. You are moving into the moment of truth, the moment of choice. You can either align with fear as the old forms, the old systems, the old beliefs, and the old frequency start to dissolve and disappear or you can celebrate the change. If you are not choosing to celebrate there might be a tendency to fear change and chaos.

We invite you, each of you, to fully understand that you have been created to create reality. You have been given teachers and guides, and maps of consciousness, so that you can move along and discover how to create the reality that you wish to have exist within yourself, your community, and the earth race. Yes, we say the earth race. For to us, all beings upon the earth, whether they are human, animal of land, sea or air or elements, are all part of the earth race. The human has been given the gift of having awareness of its own awareness. Therefore, you are the ones who witness the change and intend how the evolution of the earth flows.

There is great rejoicing in the light world. Many on the earth plane now are aware of having the gift of being creators and facilitators of reality. There is great rejoicing as the earth race wakes up and realizes that it exists. You are very wonderful, brave beings who have chosen to come the earth at this time. For the first time in the evolution of the earth race, all around

the world there is an awareness that you are all one race. This is happening through your consciousness, through your technology and through your new thought patterns. The earth race is of one energy.

Love is the source of energy that feeds positive evolution. Love feeds not just the heart, but also the mind, the cells, and the etheric body. When one moves away from love, the emptiness of fear organizes reality. For fear is emptiness. Fear is that state of existence when one forgets one's connection with all of creation, and with one's self as the creator, and with the higher being as the generator of love. So, we ask you to take a moment to focus on that place within yourself where you are generating your consciousness, where your awareness flows through you, and notice if you are moving it with kind, loving compassionate energy. Or, are you moving your consciousness with the emptiness of fear and judgment? If you discover that you have slipped into fear, take a moment and breath in love. Feed yourself with loving energy; soak it in through your cells and absorb it with your mind.

We want to remind you that each thought that is fed with love generates a thought pattern to flow from you to the universe and to the earth. Each sensation that is felt with love generates an energy on the earth that can call in and magnetically absorb love from the universal plane. Each movement, whether it is your breath, or dancing joyfully, or moving slowly down the road, that is felt with love expands the energy field of earth in vibrating the loving ray. How you live within yourself sets the tone for how you can receive from other dimensions.

We hear so many humans talking about being afraid that they are being influenced by entities from other dimensions. They are being judged, prodded, poked and organized. But, there are others who joyfully receive the lifting of veils of consciousness and are seeing teachers, visitors, friends, companions, angels, and helpers from other dimensions. They see them as partners in their evolution. We wish to reflect to you that how you live within yourself, how you receive your own mind, your feelings, your energy that organizes what energy you draw from the universal plane.

If you are unconscious of your own being, allowing others to place their expectations or shadow material upon you, you are more inclined to allow thought patterns or entities from other dimensions to be unconscious in their relationship with you. If, however, no matter how strange or difficult your thoughts patterns are, you receive them with love, and you have compassion for your feelings and the flow of energy through your body, you will be more inclined to magnetically pull to you entities from other dimensions that wish to

support you. Then, they will give to you from the higher realms or from other evolved universes, the energy to support you in life.

Do not be afraid of the earth race waking up to the realization that it is a part of a larger family in the universe. You have control over what is magnetically drawn to you and who you allow near you. You are the center of your own life. You create on many levels of existence. We want to really encourage you to celebrate the awakening consciousness. Look around you each day and ask, "What have I drawn into my life today?"

If you have drawn in emptiness or upsetment or difficulty, look not beyond yourself but within. Look and see how you have forgotten to love yourself. Or, you have forgotten to love your upset feelings. Or, you have forgotten to organize your mind around thoughts that create the reality you wish. Or, you have forgotten to surrender to the love from above that is coming to you. Look with love before analyzing what is coming to you. If you truly look with love at how you are creating your reality, you will be surprised at how the reality changes to peace.